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# Spice And Spirit: The Complete Kosher Jewish Cookbook (A Kosher Living Classic)



## Synopsis

This cookbook is a staple in most Jewish Homes! Keeping kosher and celebrating the Jewish holidays receive an added, joyful dimension, with practical guidelines interwoven with spiritual insights into many aspects of Jewish life and observance. Recipes range from traditional favorites such as blintzes and chicken soup to Szechuan chicken, aduki-squash soup and many other international, gourmet and natural specialties. All in a clear, easy-to-use format with helpful symbols and numerous charts and illustrations. This cookbook is a staple in most Jewish homes!

## Book Information

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## Customer Reviews

There are a wide variety of dishes in this book. They range from empanadas to stir fry to couscous with the traditional (matzah balls, cholent, etc.) thrown in for good measure. The instructions are clear. Even a new bride can manage making exotic creations. For the observant or newly-observant, Jewish law is included to help the process of meal creation for every day, Shabbat, Festivals or other occasions (your in-laws first dinner at your house or the boss coming home for example). I have the Settlement Cookbook, Joy of Cooking and many other classics but, this one is the best. I love this book!!!!!!

I still have my original 1977 copy that my mother gave me when I started to keep kosher. The jacket's long since torn off, but it's as useful as ever. Everything is simple and delicious. I think if I could only keep one cookbook, this would be it!

The recipes in this book are great, the ingredients are usually simple, and the food comes out tasting wonderful. BUT, as a newlywed, I've had to seriously scale down most of the recipes because they tend to be meant for large families of six or more, and that's not always easily done. I've taken to turning to the book for holidays and special meals, but for everyday meals I tend to use recipes from other books.

I love cookbooks, to read and look through. This one is the best. It has all the basic recipes and loads of information about Jewish life and general cooking. When I am looking for a good basic recipe I know it will be here. I have given this as a shower gift many times. There are many cookbooks out there with more updated recipes and pictures (this book has no pictures) but when I need something to come out right, not be too difficult, and taste good I go for this book. The brownie and Basic (fruit)filled cakes I have made hundreds of times and they keep asking for them.

This book is very useful and it contains a wealth of information on not just the recipes but also the Mitzvot that apply to the recipes, like separating Challah. However, I give it a point off because it doesn't have any photographs. I know, it's silly, but I like to have photographs of the food so that I can try and see if what I make looks anything like the photos. All in all, a good book though.

Spice and Spirit is a cookbook that I have owned since I began eating only kosher food. It is great for the novice and the expert. For those that have no experience whatsoever in cooking let alone Kosher cooking this is a great tool. The recipes are not complicated and everything comes out terrific. My husband always asks the same thing every Shabbos "Where did you get this recipe, it's terrific!" I say "Spice and Spirit". Of course. The recipes range from Jewish classics to International favorites, everything tested. No complicated techniques required. This cookbook offers everything, Dairy breakfast, Dairy lunch and dinner, Dairy dessert. Meat, Fish, Chicken, Kugels, Salads, Sides, Desserts of all types, confections, relishes and dressings. It's packed! Just like a Betty Crocker. Plus all kinds of Kashrus Laws and Laws and Minhagim for Shabbos observance and Yomim Tovim. There is also an appendix with lots of useful information. This is truly a cookbook for every Jewish home, I couldn't get by without it!

This book is awesome! Although indispensable for those who keep kosher, it is wonderful for anyone with tastebuds. (I'm a Christian.) The recipes are much-loved, tried-and-true favorites, which

are very clearly written to virtually ensure success (e.g., even telling what size saucepan to use -- which you'll appreciate if you ever had to switch to a larger pan halfway through the recipe, thereby leaving two to scrub). Everything in it is wonderful; these are the recipes folks swear by, so you can try them with complete confidence. Awesome book! It sounds expensive only until you see it.

The book succeeds admirably in explaining the complexities and nuances of Kosher dietary laws, even to a novice, without oversimplifying or overlooking important rules. It is written from an Orthodox perspective, including special Kosher laws on bread and wine. In addition to a complete cookbook and Kosher dietary guide, this book includes a section on holidays and Sabbath observance which is extremely thorough. I would recommend this book for anyone, but especially for those trying to begin or improve their observance of Kashrut and Sabbath.

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